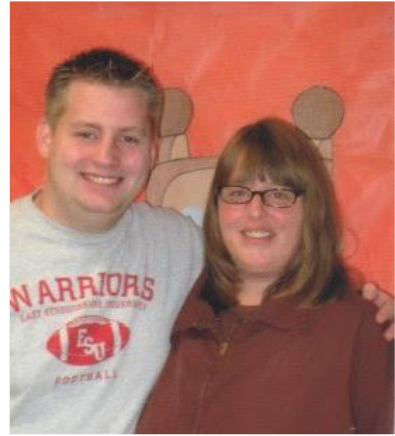


# AMY PENCILLE

SCI Cambridge Springs



## STATUS:

Incarcerated in 1992 at the age of 21

Hometown: Erie, PA

## OBJECTIVE:

When I get released, I would like to finish culinary school. Work to save money to open up a food truck and eventually own a restaurant. I would like to spend time with my son and brothers. If given the opportunity, I would like to share my story at schools and youth detention centers. I would also like to advocate for other life sentenced people.

## EDUCATION:

General Education Diploma  
Food and Nutrition  
Machine Shop and Advanced  
Computer Aide Drafting and Design  
Citizenship  
New Choices/New Options  
Braille Training

Introduction to Baking  
Food Service Apprenticeship  
Jig and Fixtures  
Civic Responsibility  
Human Sexuality  
Hospice Training

## PROGRAMS:

Looking Glass  
Stress Management  
Impulse Control  
Cage Your Rage  
Character Development  
Thinking For A Change

Anxiety and Depression  
Anger Management  
Self-Esteem  
Positive Relationships  
Long Term Offenders  
Impact of Crimes

## COMMUNITY ENGAGEMENT:

Cambridge Springs Phoenix Organization:  
Treasurer 2010; Vice President 2014; President 2015  
Run-athon  
Parole and Commutation  
Criminal Justice  
Charity Afghans  
Gardening: Vegetables and Flower Beds  
Unit Rep-2011 and 2014  
Referee: Volleyball, Softball, Kickball, Flag Football,  
Bean Bag Toss

Internal-External Lifers  
Women's Support Group  
Participated in Talent Show  
Commercial Skits  
Special Events

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**COMMUNITY OUTREACH:**

Made prayer shawls, lap Blankets, knitted hats (for juvenile detention center and city mission), greeting cards for troops, bird nests for an animal shelter, cards for a dying child; donated food to a food bank; raised money for Second Harvest

**SPIRITUALITY:**

Protestant Services on Sunday  
Kiros  
Breaking The Chains  
Bible Studies  
Read My Bible

**THE WOMAN I AM NOW:**

We don't always get to repair the damage we've done in our community. But I have worked on changing all that I was to reshape a positive, caring, giving and useful woman.

On an emotional level, the programming I had, was immeasurable in the changes in my personality. With each group that I completed, I could feel the change take place. Often times, it was hard to see the person I was and admitting the things I have done. Once I accepted the help that I was afforded to me by the Department of Corrections, I embraced it and felt myself become a better and more responsible person; worthy of forgiveness.

Because of my personal involvement on committees, organizations, sports and the honor unit, I have learned what it means and feels like to be a part of a community. This was a valuable lesson I had to learn. Now I know that I took my life for granted. Being a part of a community builds character and a sense of belonging to something bigger than yourself. Therefore, I know I can be a good asset to the outside community.

My son was 2 and a half years old when I began my life sentence. He is now 25 years old.