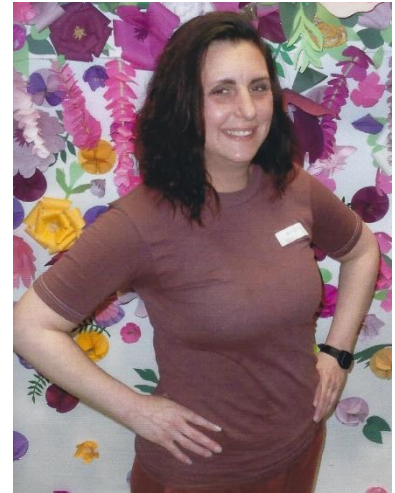




TRICIA MUFF

OE9959

SCI Muncy



STATUS: Incarcerated in 1998 at the age of 25

Hometown: Philadelphia, PA

WORK / VOLUNTEER:

- Tutor: Helping Women Obtain Their General Education Diploma (G.E.D.)
- Tutor: Cosmetology Department
- Admissions-inmate intake.

EDUCATION:

- High School Diploma
- Cosmetology school
- Lehigh Carbon Community College Classes
 - Human Resources Management
 - Psychology
 - Principles of Marketing
 - Principles of Management
 - Business Law I
- Keyboarding
- Advertising
- Word Processing
- Spreadsheet
- Database
- Presentations
- Painting
- Knitting

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ACCOMPLISHMENTS

- Certified by the American Red Cross
 - Infant & Child CPR
 - Adult CPR
 - Standard First Aide
- Licensed and Certifications received:
 - Food Service Apprentice License
 - Electrical Certification
 - ICDL – international Computer Driving License
 - Cosmetology License

GROUP:

- Citizenship
- Thinking for a Change
- Violence Prevention
- Long Term Offenders
- A Variety of Parenting Groups and Classes
- Choices 2017

COMMUNITY ENGAGEMENT:

- Restorative Justice, presented by William DiMascio, PA Prison Society
- Muncy Inmate Organization
- Secretary to Board of Directors 2017-2019
- Spiritual Dance at The Chapel
- Day of Responsibility
- TEDx Muncy State Prison, 2014

PROGRAMS

- Therapeutic Yoga, by The Transformation Yoga Project, completed 50 hours, 2017
- Reconstruction Inc, Community Capacity Curriculum, 2017 (ongoing)
- Shining Light Ministries Workshop, 2017/19
- Karo's 2018
- Crime Victims Right Seminar 2019
- Filed for commutation, October 2016, Denied November 2018

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THE WOMAN I AM TODAY

Before my incarceration and still to this day, I am blessed with beautiful loving parents who have been together over 50 years. A wonderful sister, brother-in-law, two nephews, a niece and a beloved son whom I left when he was only 18 months old and is now 22 years old.

Before my incarceration I learned a lot of life lessons but never put all of them to use until after I became incarcerated. For instance, not to judge people and accept them for who they are - like I hope people will accept me despite my circumstances. Patience is another life lesson I've learned, taking one moment at a time and cherishing it, not to take the little things in life for granted - which I no longer do, knowledge not only by books and classes which I've taken, but life lessons. We can all learn from other people and experiences every day of our life.

I also try to give what I know and pass it on to other people. My whole mindset on LIFE is so different now than it was before. Hoping one day to be out in the world, putting forth the life lessons I always knew but now live by.