

REBECCA YOUNG

SCI Cambridge Springs



STATUS:

Incarcerated in 2005 at age 18

Hometown: Pittsburgh, PA

OBJECTIVE: I would like give back to society by working in the Social Service field, sharing the knowledge I've gained with the youth, helping them to avoid the path I've traveled.

WORK HISTORY:

- Janitorial Duties
- Food Service
- GED Tutoring
- Teacher's Aide
- Accounting and International Computer Driver's License (ICDL)
- Laundry Services
- Library Aide
- Peer Assistant Training

EDUCATION/PROGRAMS:

- Creative Writing
- Accounting
- IC DL
- Thinking for a Change
- Violence Prevention
- Computer Aide Drafting and Design (CADD)
- Parenting Groups
- Seeking Safety
- AOD
- Money Smart
- Individual and Group Counseling

COMMUNITY ENGAGEMENT

Muncy Inmate Organization (M.I.O.)

- Various fundraising events and donations including:
Annual Run-a-thon
Breast Cancer Walk
Knitting Donations for Geisinger Hospital
Food Bank Donations.

REBECCA YOUNG,
SCI Cambridge Springs

SPIRITUAL LIFE:

I am a Christian. I believe in the power of God and I believe in holding on to hope. I hold onto believing that God has an ultimate plan and that all things work together for good.

THE WOMAN I AM NOW:

I am proud to be able to consider myself a woman today. While I'm far from being perfect, I have used this time to grow and to learn what self-respect and self-love are all about. I've forgive myself and learned to forgive others. I have learned how to humble myself, how to ask for help when needed and also how to take responsibility for my decisions and actions. I was incarcerated at a young age and at that time I had no idea how to stand on my own or how not to be co-dependent. I had no idea what co-dependency even was but, throughout these years, I've learned and have been taught, as well as shown what it is to be a mature, clear-minded, goal-oriented woman. I am looking forward to the future and making the most of what it is I have to offer and still to learn.