



SHEENA M KING

SCI MUNCY
OC2312
P.O. Box 180
Muncy, PA 17756



STATUS: Incarcerated March 1992 at the age of 18

OBJECTIVE: Objective: Counselor for sexual abuse survivors and women reentering society

EMPLOYMENT:

- Tutor
- Peer Educator
- Educational Clerk
- Activities and Admissions Assistant
- House of Hope, Peer Counselor 2005 – 2008 (SCI Muncy)
 - Interviewed clients. reviewed records and conferred with other professionals to evaluate the condition of the client.
 - Wrote, designed, and produced exposure therapy exercises.
 - Counseled individuals and provided group services,
 - Executed daily operations of one-on-one sessions,
 - Collected, organized, and analyzed information through records, tests, interviews, and professional sources.
 - Appraised interests, aptitudes, and personality characteristics for appropriate healing techniques.
 - Assisted clients to identify problems and achieve effective personal, marital, and family development.
 - Analyzed information collected to determine the advisability of counseling and referral to other specialists.
 - Reviewed notes and information collected to identify concerns,
 - Trained and managed 16 graduates and achieved significant improvements in their teaching self-help groups.
 - Consulted textbooks, manuals, and journals to identify Symptoms. make diagnoses and develop a treatment plan.
 - Evaluated results of counseling methods to determine reliability and validity of treatment used.
 - Assisted individuals to understand and overcome social, sexual, and emotional problems.
 - Planned and directed the program to orient pre-admissions and assisted in their integration into therapeutic life.

EMPLOYMENT (cont'd)

- Planned and directed the program to orient pre-admissions and assisted in their integration into therapeutic life,
- Engaged in research and follow-up activities in order to evaluate counseling techniques,
- Investigated reports of misconduct and attempted to resolve and eliminate causes of conflict.
- Taught self-help classes.
- Coordinated activities and provided for the physical and emotional needs of each individual in the therapeutic community.
- Certified Peer Support Specialist (CPS)

EDUCATION:

- Family Radio School of the Bible, Associates Degree in Religious Studies, 2008
- Landmark Bible Institute, English Diploma in Ministry, 2005
- Completed 32 Vocational Educational Programs (Two courses from Bucknell University and OSHA) Food Service Apprenticeship Program
- International Christian College and Seminary, Bachelor's Degree in Christian Counseling, 2/2022

ACHIEVEMENTS & ACCOMPLISHMENTS:

- M.O.R.E. Muncy – One-On-One Reading Education Program, Program President
- M.I.O. (Muncy Inmate Organization), Vice-President
- Writer - Publications include:
 - Un-Heard Soul, 2007
 - Submerged, 2014
 - Submerged, (revised) 2018, Scat and Mouse Publishing Company-partner; selling on Amazon
 - 3Sum; published 7/2021; centers around friendships and relationships; selling on Amazon
- Thomas Merton Essay winner, 2016
- Published in Six Anthologies
- Written and arranged songs for the Church Choir
- Written, directed, and performed in plays
- Danced for church worship services
- Served as a leader in the church and mentor for new believers
- Baptized
- Coordinator of United Methodist Reading Program
- Received 10 certificates for completion of various bible studies

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COMMUNITY INVOLVEMENT:

- Inmate Organization Vice-President
- One-On-One Reading Education Program President
- Served on the Executive Board of the inmate organizations for several years and chaired or co-chaired 25 committees
- Facilitated the following groups: Citizenship, Character Development, Alcohol, and Other Drugs, Self-Esteem, Assertiveness, In-patient Therapy for survivors of sexual abuse, and Peer Education Group Training
- Lifers Mentor and Long-Termers
- S.I.S.T.E.R.S-lifers mentoring program, President
- Co-Facilitate

GROUP PARTICIPATION:

- Assertiveness
- Self-Esteem
- Sexual Abuse
- Anger Management
- Violence Prevention
- Alcohol and other drugs
- Long-Term Offenders
- Impact of Crime
- Restorative Justice
- Clemency
- Attended 6 Parenting Programs
- Boundaries (Christian based), Overcoming Emotions (Christian based)
- Living Safely for Women

SPECIAL RECOGNITIONS/AWARDS:

- Twice awarded Excellence in Tutoring
- Inmate of the Year – M.I.O. - personal commitment, dedication and performance
- Excellence in Leadership
- Outstanding Achievement in Poetry

ACTIVITIES:

- Volleyball
- Kickball
- Flag Football
- Handball
- Various exercise classes and a Pilates Instructor

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THE WOMAN I AM TODAY

With my passion for and knowledge and experience of surviving sexual abuse and domestic violence, I am certain that I would be an asset in helping others to overcome the traumas of childhood incest and abuse.

During my years of incarceration, I have not ceased to grow into a woman who my children, family, and friends are proud of; nor have I shied away from any opportunity to help those in the community in which I reside. If I am paroled, this would not change. I will continue to assist others heal and grow just as I have done for decades.