

Marsha Scaggs

SCI Cambridge Sprints



STATUS:

- Incarcerated in 1987 at the age of 23
- Hometown: New Castle, PA

Objective: I would like to advocate for my fellow lifers. I also would like to work in the drug and alcohol addiction, prevention and therapy profession; this is a passion of mine. Getting to know my family is very important to me because prison visits and phone calls are not enough to create a deeper family bond.

Work History:

Certified Peer Specialist: Drug and Alcohol Program, 2008 to present
Literary Braille Transcriber
Teacher's Assistant
General Clerk
Institutional Cook
Nurse's Aid
Plastic Factory Assembly Line

Education:

General Education Diploma, 1990
Associates Degree: Business and Accounting, 1992
TABE Norming, Participant, 2000
Food and Nutrition, 400 hours completed, 2001
Braille Certification, 2005
Re-Entry and Life Skills for Women, 2003
New Chances/New Options, 2006

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Programs and Group Therapy:

Basic AOD group, 1990
Anger group, 1990
Stress group, 1990 and 1991
Creative Non-Violent Conflict Resolution, 1996
Looking Glass AOD outpatient group therapy, 1998
Survivor's group, 1998
Adjustment group, 1999
Survivor's group II, 1999
Drug/Alcohol education/Intervention program, 2006
12 Step Study group, 2010
Drug Dealers and Addictive Behavior group, 2010
Healthy Relationships group, 2010

Community Engagement:

Big Brothers/Big Sisters: yearly fundraising
Run-A-Thon
Cancer Society: fundraising
Crawford County Fire Station: fundraising
Children's Hospital: donate handmade items
Facilitate NA/AA groups in my unit
Volunteer, active throughout the year

Spiritual Life:

Attends church services
Kairos Retreat, participant

THE WOMAN I AM NOW:

I am a changed woman today. I grew up to be a wise woman and learned to take responsibility for my actions. I've learned to love myself, in spite of all the hardship I've had to endure in my life time. I am self-confident, self-reliant, and very grateful to be alive. I know how to set boundaries and stick to them. I thank God every day when I wake up because tomorrow isn't promised. I surround myself around positive people who have a positive outlook on life. I make wise choices and have set goals for myself. I am change defined.