



DOROTHY FARBO

SCI Cambridge Springs



STATUS:

- Incarcerated in 1991 at the age of 43

OBJECTIVE: Upon release, I plan to remain positive. Since my credentials remain intact, I would like to get back into the work force; to teach, consult and ultimately to become a productive member of my community.

WORK HISTORY:

Institution Clerk: 1992 to present

Supply inventory, payroll, and bookkeeping

Cosmetology Program:

Clerk

Educator, Anatomy and Physiology for Licensure Board

Editor, "Go Team," staff newsletter

Editor, "The Last Stop," inmate newspaper

Editor, "Association on Programs for Female Offenders," quarterly newsletter, 2009

Audit Clerk, preparation and inspections

EDUCATION:

Certified Peer Specialist

Computer Software: Excel, Word, Access

CADD

Computer Technology

Computer Repair

PROGRAMS and GROUPS:

Thinking for A Change

Anger Management

Thinking, Deciding and Changing

Communication

Seeking Safety

Victim Awareness

COMMUNITY ENGAGEMENT:

Sister-to-Sister

Lifers Community Chairperson, 2008-09

Cross Stitch Club, Founder and Teacher

Lawn and Gardner

Speaker, advocating for life sentenced women at special events with elected officials

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SPIRITUALITY:

Spiritual life for me consists of attending Mass and daily sacrifice. But even more so, the daily infusion of God's Word is what pulls me through another day. I know I could not have done these years without God in my daily life.

THE WOMAN I AM NOW:

The woman I am now ventures far away from the Trauma and ICU nurse that I was. All of my degrees did not and could not prepare me for the sadness and isolation I've experienced for so many years. This was a new education for me. I've been taught patience and serenity. For the first time in my life, I looked up towards a frozen tree branch and took notice of its beauty. I learned to stop and relax without expectation. Humanity is that mixed color of the rainbow. There's no perfection in people and I can accept that now.

I stay positive, pray, help out as many people as I can. Nothing will make up for what I did, but I'm clearly not the same person I was 24 years ago. I have to move forward. The woman I am now prays to return to society. I want to be that good neighbor, employee, and a positive example within my community. I hope one day I can see my family under a free sky. The woman I am now has the skills and mentality to survive. I pray I can have the opportunity to go to my home with my family.