

## **NORMITA JACKSON**

OE4084 P.O. Box 180 Muncy, PA 17756



## Status

Incarcerated 1997 at the age of 20 Hometown: Pittsburgh, PA 2015 = 18 years incarcerated

**OBJECTIVE:** If released, my desired full time occupation will be to use all of the skills I have acquired by seeking employment in the construction field; volunteering my service to help those affected by H.I.V.; and to use my voice as a Motivational Speaker to let troubled young adults and youth know they are hindering themselves from achieving success in life.

## ACCOMPLISHMENTS

- Self Help Groups
  - o Anger Management
  - o Stress Management
  - o Impulse Control
  - Cage your Rage
  - o Human Sexuality
  - o Citizenship
  - o Civic Responsibility & Self Esteem
- Violence Prevention
- Thinking For A Change
- Active Member in the Inmate Organization
  - Board of Director & Vice President (2 terms)
- Alcohol & other Drug Outpatient Treatment
- Domestic Violence / Sexual Abuse Impatient Treatment
- Tutor
  - Advit Basic Education and/or G.E.D.
- Computer Classes
  - Accounting & Word Processing

## THE WOMAN I AM TODAY

For eighteen-(18) years, I have lived a life that has been very hard. It has taught me to value life and not to take anything or anyone for granted.

With my skills and experience, I would be a productive citizen is society by helping young adults and children by telling my story and allowing them to see and know that there is more to life than just drugs, fast money and drinking. I would like to assist people who may be unable to clean their homes properly; I would clean for them, free of charge. I would reach out to churches, Boys and Girls clubs, promoting clean-environment projects, and work side-by-side with them to pick up trash off the streets.

I want people in society to know, we as lifers are not cold-hearted monsters. We are people just like you! We are kind, caring, loving and respectful human beings. I am a woman, I am someone's child. Please do not judge us, get to know us. Every day that I awake, I am proud of who I have become and the changes that I have made. I continue to make changes every day. It is not easy but I know that God did not bring me this far just to leave me.