





STATUS

Incarcerated in 1981 at age 29 Hometown: Philadelphia, PA

OBJECTIVE: If given the opportunity to become a productive member of society again, I would like to establish a choir consisting of ex-offenders, long term offenders and people from all walks of life who have been incarcerated. Our purpose will be to help others by establishing and/or participating in events throughout cities, singing, praising and telling our stories of survival in prison.

WORK HISTORY/SKILLS:

- Choir Director
- Church Leader
- Central Kitchen Food Prep
- Education Tutor & Teacher's Assistant
- Janitorial-power plant
- Peer Assistant-Parenting

GROUP PARTICIPATION

- Fitness-Wellness Classes
- Twelve Step Study Group
- A.O.D. Art Patient Program
- Gospel Echoes Team
- Impulse Control
- Survivors Group
- Re-Entry & Life Skills

The Woman I am Today

I am a woman with an important story to tell and I want to do so through the establishment of a Choir consisting of people from all walks of life who have been incarcerated. We will travel, singing and praising and telling our stories of how we survived being in prison. Our efforts will be a healing process for a lot of us who know what it feels like to be locked up; but most importantly, have been given a second chance at life.

EDUCATION

- G.E.D. Diploma
- Stress Awareness and Management
- A.O.D. Art Patient Program
- S.T.E.P. Project Program & Activities
- Impulse Control
- Positive Relationships
- Dual Diagnosis Program
- Dictation
- Bible Courses
- Discipleship Seminar
- Dictation-Word Processing